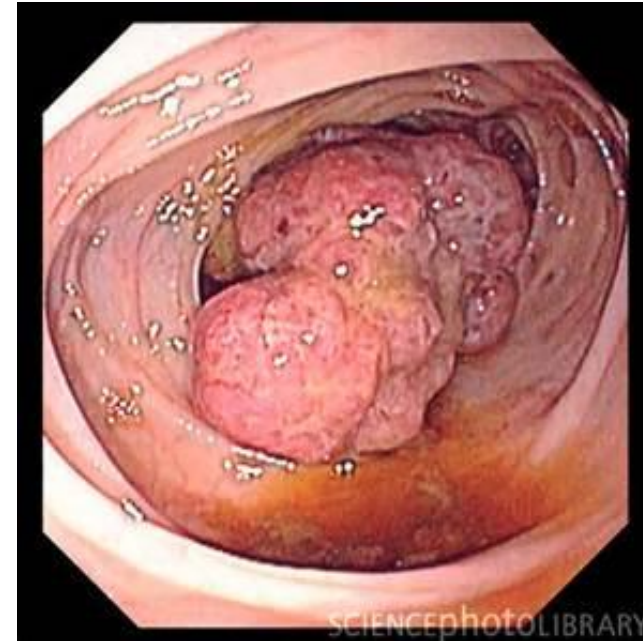
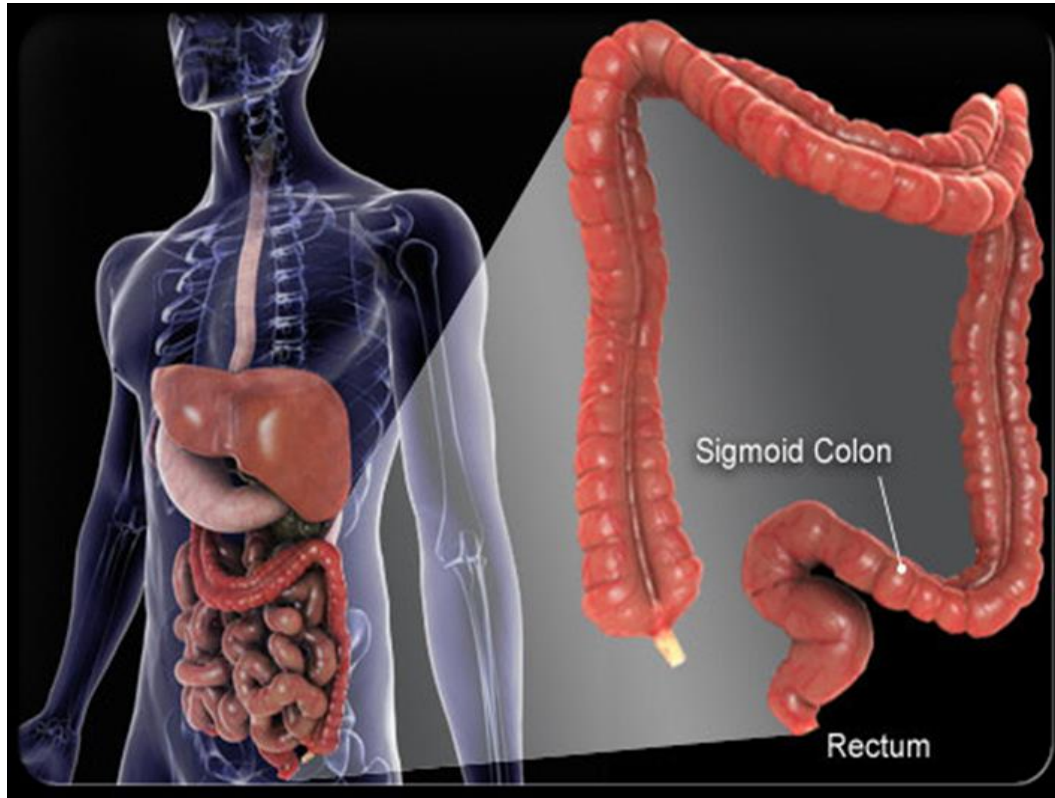


KANSER SA BITUKA

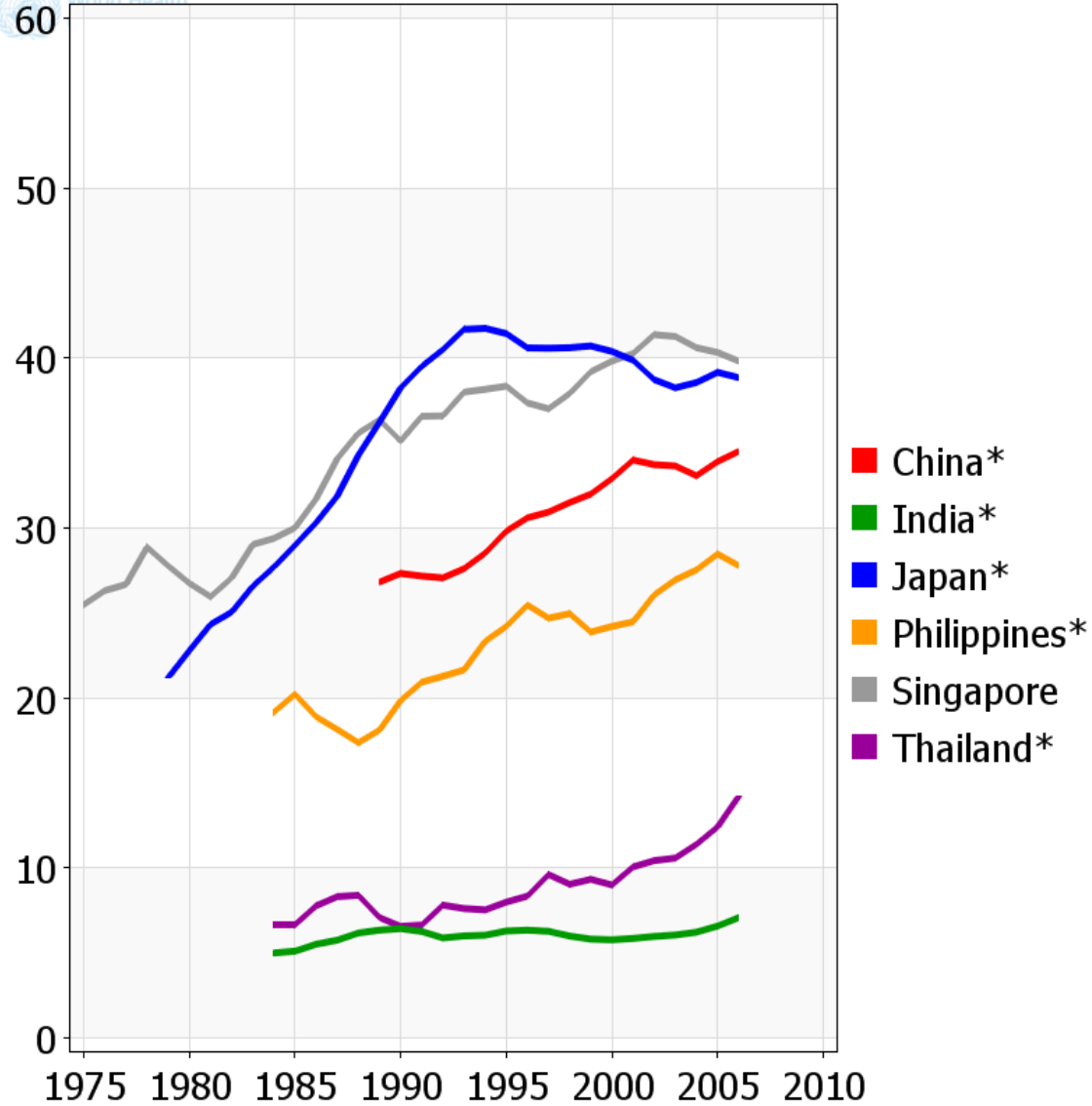
COLON CANCER: Bukol na tumutubo sa loob ng malaking bituka o sa tumbong





3 DAHILAN NG PAGKAMATAY SA KANSER DITO SA PILIPINAS

2012 Philippine Health Statistics.
Epidemiology Bureau. Department of Health

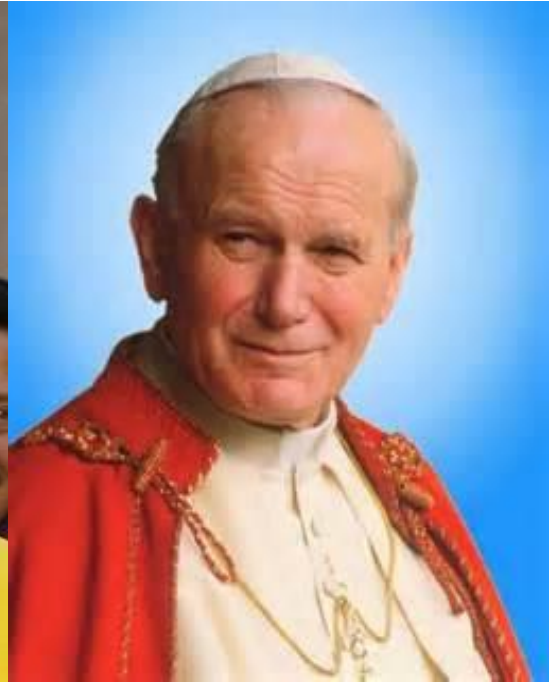


**PARAMI NG
PARAMI ANG
MGA PILIPINO NA
NAGKAKARON
NG KANSER
SA BITUKA**

DATA SOURCE: GLOBOCAN 2012



SILA AY NAGKAROON NG KANSER SA BITUKA



SINTOMAS NG KANSER SA BITUKA



PAGBABAWAS
NG TIMBANG



ANEMYA
PAGKAHAPO



PAGDUMI
NG DUGO



PAGBABAGO SA
GAWI NG PAGDUMI



PANAKIT NG
TIYAN

KUNG MAY MGA SINTOMAS, KUMUNSULTA SA DUKTOR

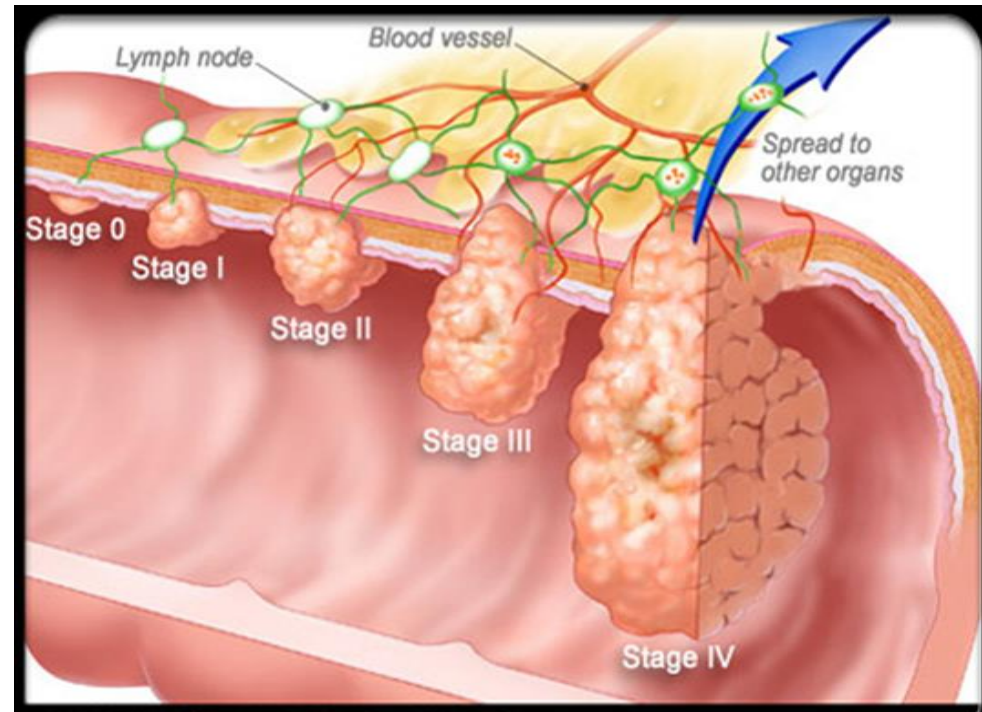


**“STAGE” kapag may nakitang
bukol sa bituka “**

EUS

CHEST XRAY

***CT SCAN
(ABDOMEN)***



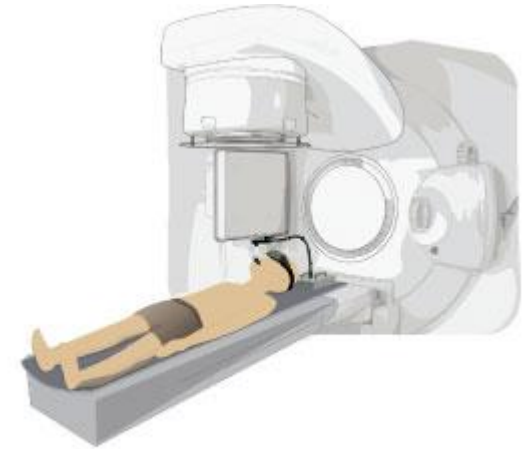
Depende sa “Stage” ng kanser ang gamutan na gagawin



Surgery

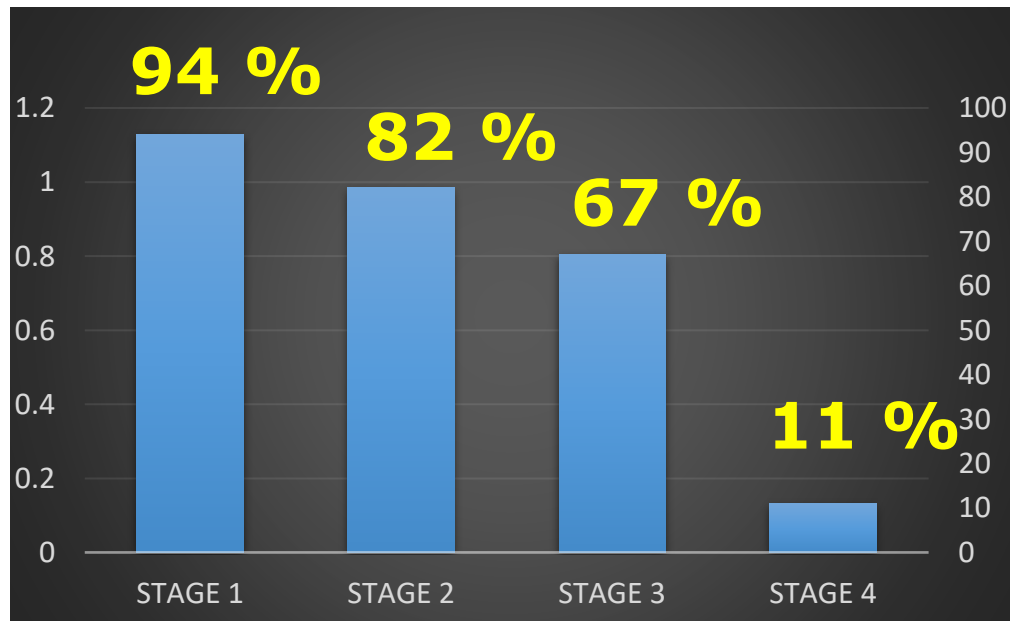


***Chemo-
therapy***



***Radio-
therapy***

TANDAAN : Kung makita ng maaga ang kanser sa bituka, ito ay mas madaling gamutin



5 YEAR SURVIVAL RATE

***Stage I has a 94 %
5-year survival rate
while stage IV has
a 5-year survival
rate of only 11 %.***

Lansdorp- vogelaar I J. *Natl Cancer
Inst.* 2009. 101: 1412-1422



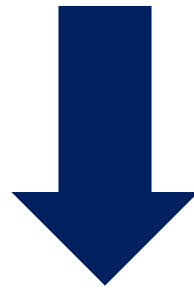
BABALA!!

**Maaring walang
maramdamang
sintomas sa
early colon
cancer.**



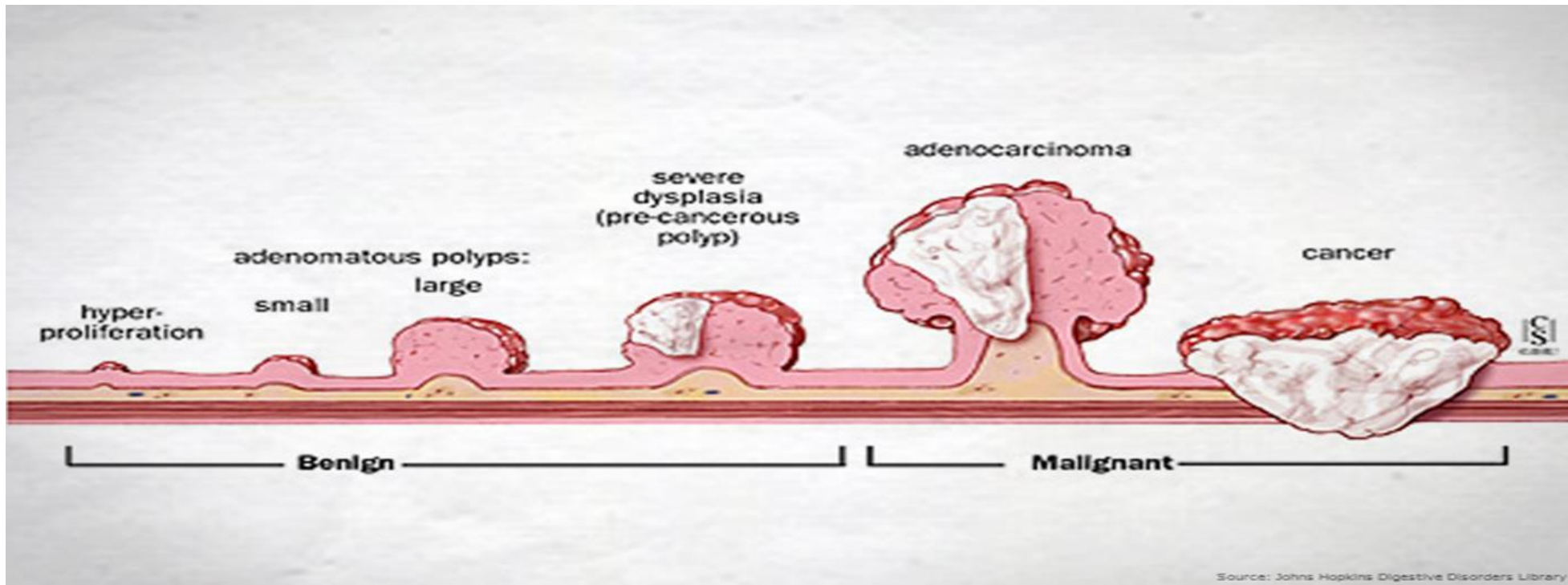
Maaring walang maramdamang sintomas sa early colon cancer.

Mas nagagamot ang kanser sa bituka kung ito ay nakita ng maaga.



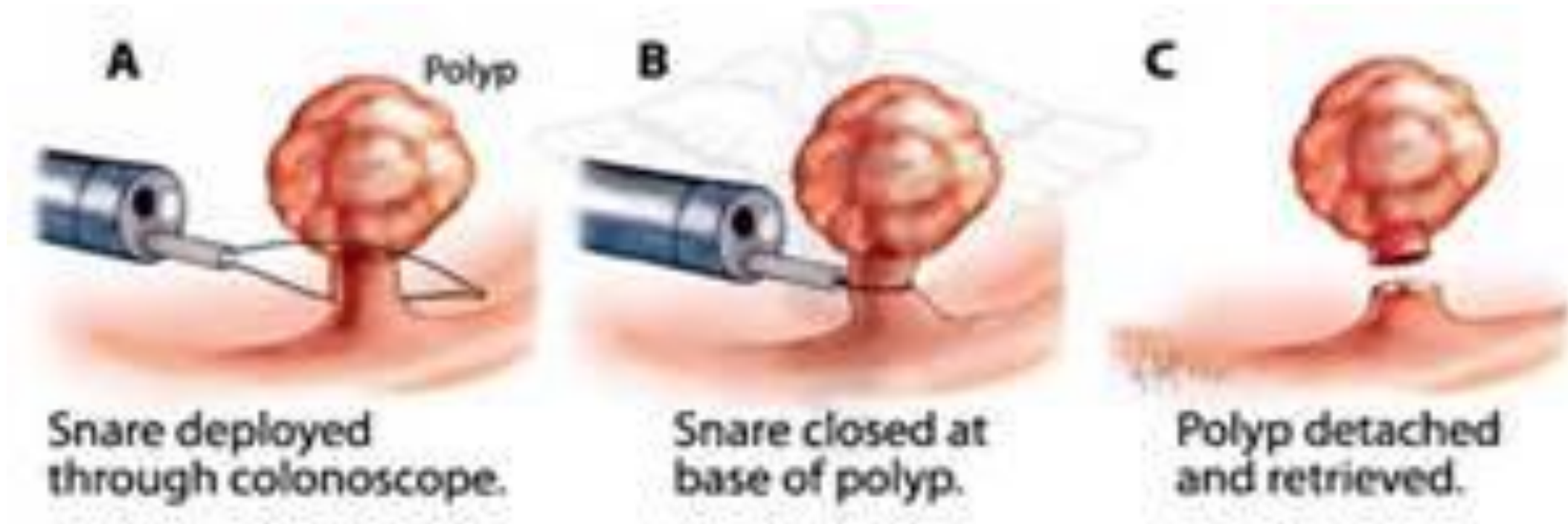
SCREEN



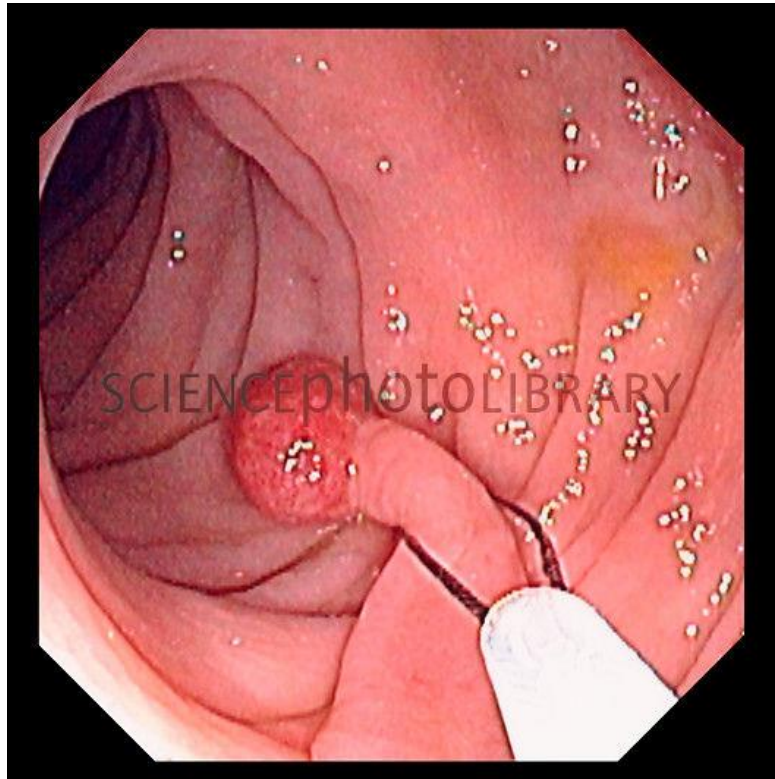


Ang kanser sa bituka ay kadalasang nagmumula sa isang "polyp"

polypectomy



Colonoscopy : the *gold standard* for colorectal cancer screening



- **Most sensitive screening test sa paghahanap ng polyps**
- **Nakikita at nasusuri ang buong malaking bituka.**
- **Pwedeng alisin ang mga polyps na nakita (polypectomy)**



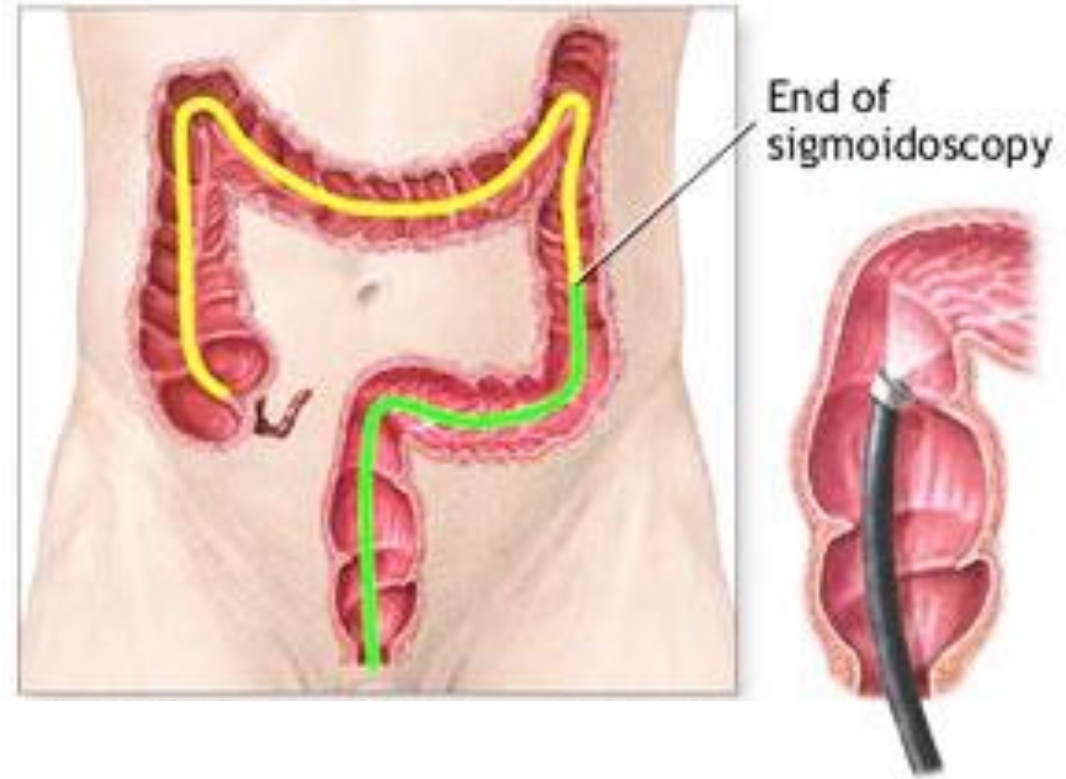
***Baka
masakit***

***MAHAL !
Wala pa
akong pera.***

***AYAW KO PANG
MAGPASILIP SA
PWET !***

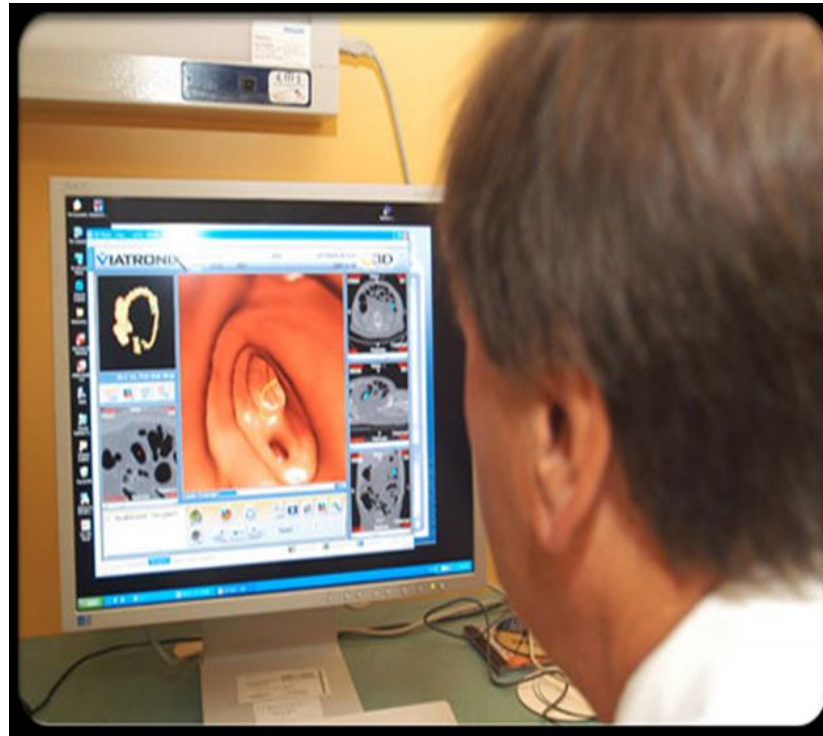
.... Maliban sa colonoscopy

FLEXIBLE SIGMOIDOSCOPY



.... Maliban sa colonoscopy

VIRTUAL COLONOSCOPY



.... Maliban sa colonoscopy

Mga pagsusuri na tumitingin kung may dugo sa dumi



FIT TEST



COLOGUARD

TANDAAN

Kung sakaling maging positibo

FIT

COLOGUARD

VIRTUAL COLONOSCOPY

FLEXIBLE SIGMOIDOSCOPY



colonoscopy



Screening test	How often
Fecal immunochemical test for blood (FIT)	Once a year
Flexible Sigmoidoscopy	Every 5 years
CT colonography	Every 5 years
Colonoscopy	Every 10 years



**Ano pa ang maari kong
gawin para di magka kanser
sa bituka?**

MGA BAGAY NA MAARING MAGDULOT NG KANSER

“Diet and lifestyle factors”



LOW FIBER



RED MEAT



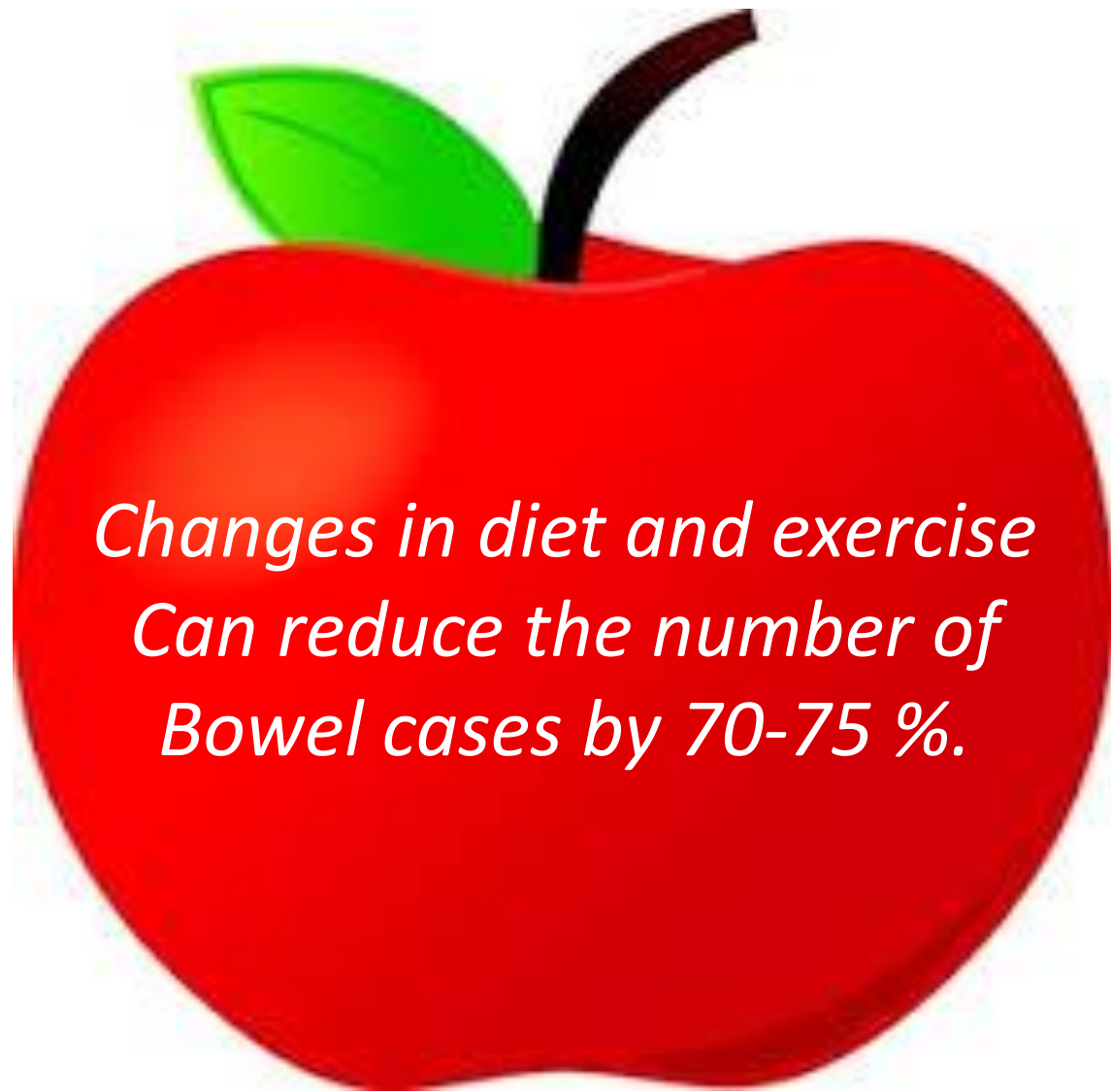
SMOKING



ALCOHOL



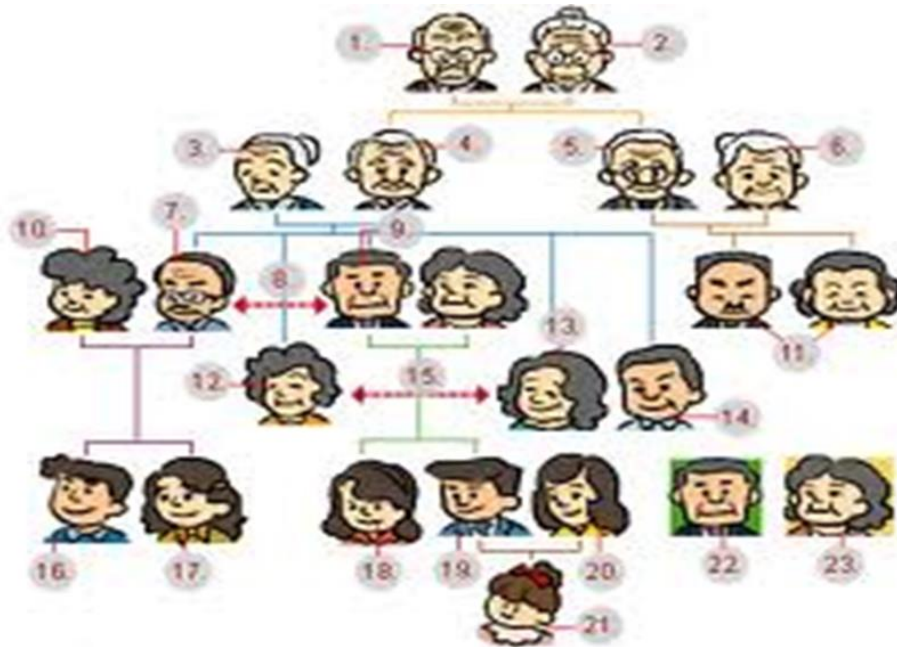
OBESITY



**An apple a day
keeps colon cancer
away**

MGA BAGAY NA MAARING MAGDULOT NG KANSER

“Uncontrolled Risk Factors”



LAHI SA PAMILYA

**MGA BAGAY NA MAARING
MAGDULOT NG KANSER**

50 yo

Colon cancer risk increases with age

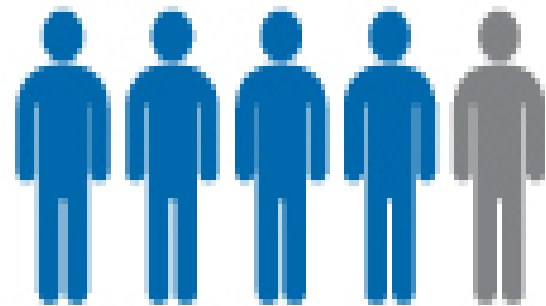
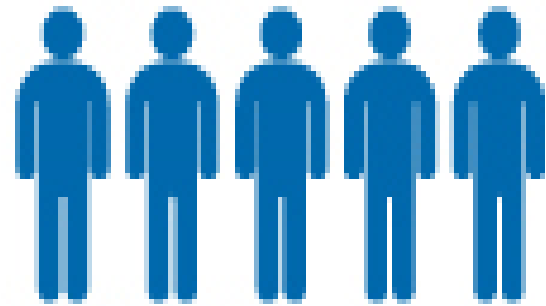


**MAGPA – SCREEN
SIMULA EDAD NA 50,
MASBATA PA KUNG
MAY LAHI NG KANSER
SA BITUKA**



COLON CANCER SCREENING SAVES LIVES

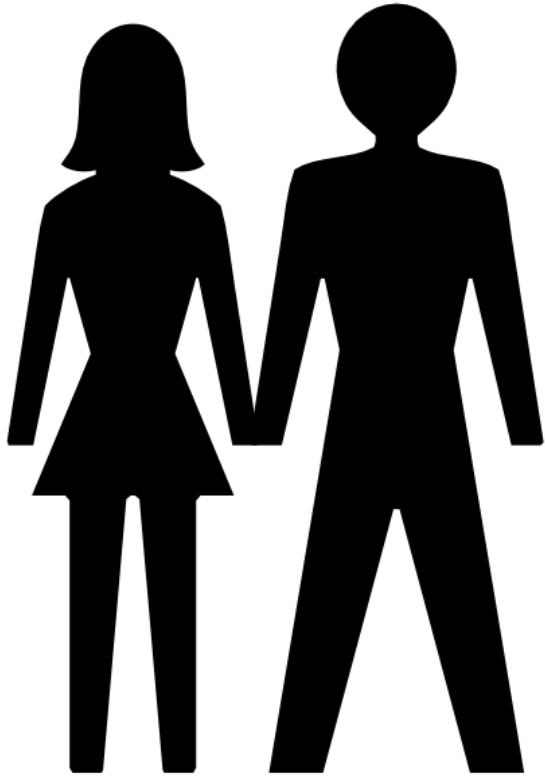
- Nakakatulong maghanap at magalis ng mga ***precancerous polyps*** bago ito magiging cancer.
- Nakatulong itong mahanap at makita and kanser sa bituka habang ito'y maaga pa at madali pang gamutin.



9 out of 10 times,
colorectal cancer can
be successfully treated
if caught early

MAARING WALANG SIMTOMAS ANG EARLY COLON CANCER AT POLYPS





DON'T BE A FOOL

TEST YOUR STOOLS

BOWEL SCREENING MAY SAVE YOUR LIFE

**COLON CANCER
IS TREATABLE
IS PREVENTABLE**

The Fight is On



>>against<<
Colon Cancer

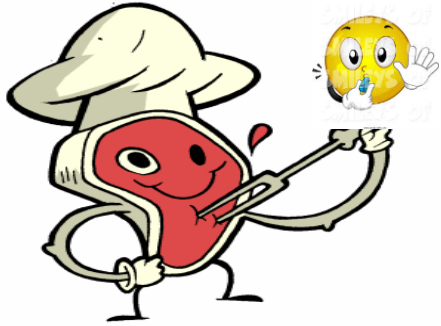
MARAMING SALAMAT PO



**HUWAG MAGSIGARILYO, AT
KUNG NANINIGARILYO PA,
TUMIGIL NA!**



**LIMITAHAN AND PAGINOM
NG ALAK**



**LIMITAHAN ANG PAKAIN NG
KARNE AT PROCESSED MEAT**



**KUMAIN NG PAGKAING MATAAS
SA HIMAYMAY**



**PANATILIHING MALUSOG
ANG TIMABANG**



MAG EHERSISYO ARAW - ARAW



ENLARGE

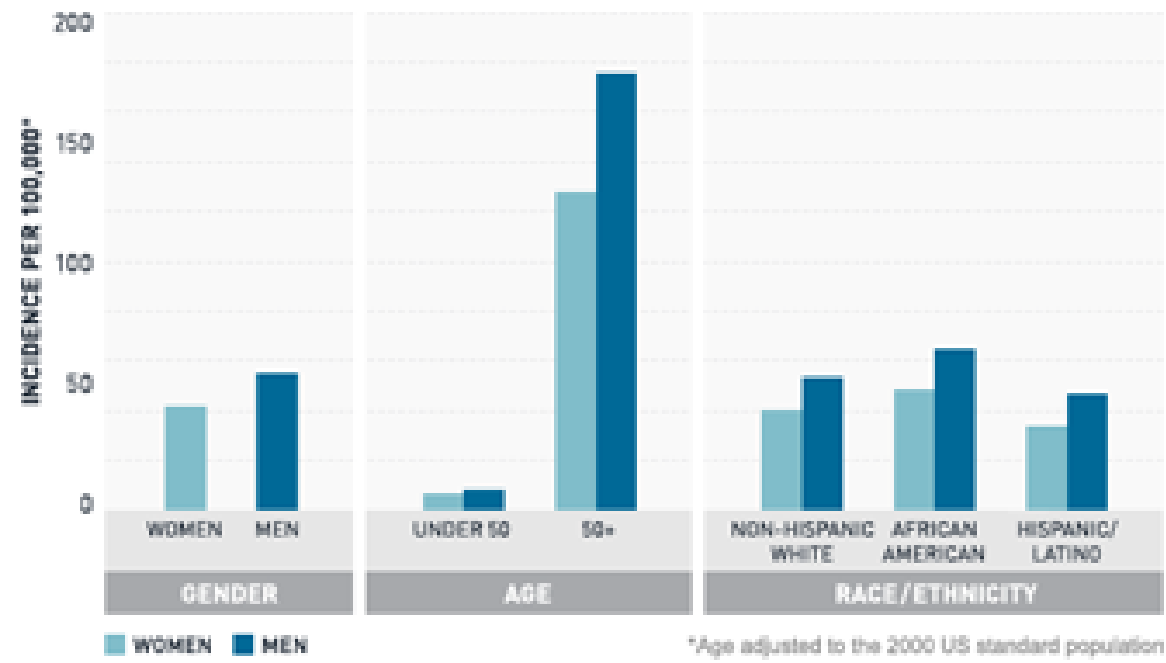


90%

5-YEAR SURVIVAL RATE
IF FOUND AT THE LOCAL STAGE

WHO GETS COLON CANCER?

ANYONE CAN GET COLON CANCER, BUT SOME ARE AT INCREASED RISK



MYTH 1

***" Di ko kailangan ma- screen...
Wala naman akong nararamdaman "***

FACT:

**Early colorectal cancer
and polyps does not cause
symptoms**